



An essential course for churches and care providers offering spiritual care to older people

- Enables those caring for older people to help them live and age meaningfully
- A course developed by international practitioners including Professor John Swinton in the UK
- Develops confidence, understanding, and skills
- Online, in-person (group), or self-directed learning
- Eight two-hour sessions with video material to provoke discussion

What is the Spiritual Care Series?



The Spiritual Care Series is a comprehensive course that enables volunteers and professionals to offer excellent spiritual care in their local communities, care homes, or churches. Older people have a better quality of life when those around them understand their spiritual needs and are skilled at delivering this kind of care.

'What the course aims to do is to create a framework for understanding, within which new ways of practising, new ways of caring can come to the surface, and can enable us to care well for body, mind, and spirit.'

Professor John Swinton

Topics covered in the sessions are:

- Understanding the ageing process
- Spirituality in ageing
- Good communication
- The power of storytelling
- Dementia
- A new home and a new way of life
- Grief, loss, death, and dying
- Roles, boundaries, and self-care

When delivered in person the course is designed to run with at least six users and two facilitators. The self-directed Spiritual Care Series enables individual learners to work independently at their own speed.

If you would like to discuss the Spiritual Care Series, please email us at spiritualcareseries@brf.org.uk or call us on 01865 319700

How the Spiritual Care Series is being received?



'Honestly, I think it could be THE teaching tool that changes perspectives on ageing, both in Christian communities and those invested in care provision. It could lead to much improved, more respectful, and appropriate care of all kinds among older people: if spiritual care is taken seriously, it means all aspects of care are being taken seriously. People will be able to enter residential care to live rather than to die, seeing out the end of their lives with hope and confidence.'

Pamela Nobbs, Anna Chaplain, Newcastle region

Online participant feedback

'The course dives deeper into concepts that we might just touch on at surface level such as palliative care and supporting people going through a loss.'

'The group discussion was for me the most insightful aspect of the training, having real experience being shared and discussed.'

'A most valuable resource and education for pastoral workers... the tutor was excellent.'

'It will enable meaningful conversations with care home residents and also with older people in my church who need extra help at home.'

To read more about these stories, please visit
annachaplaincy.org.uk/learner-experience

'The beauty of BRF Ministries is that it has a genuine heart for this ministry of equipping. The Spiritual Care Series opens up the ministry of care to a wide variety of people. Anna Chaplaincy offers a beacon of hope to a world that longs for peace. I am delighted to be able to be a part of the important work that is being done.'

Professor John Swinton



The course focuses on spiritual care from a Christian perspective, but all faiths and belief systems are respected.

What is included and how to order?

Six-user bundle:

The Spiritual Care Series six-user bundle contains everything needed for a group consisting of two facilitators and four other participants.

- 2 x facilitator guides
- 6 x licences to access the Bridge Learning Management System online

You can specify additional users when ordering the six-user bundle or they can be purchased later.

Also available:

Self-directed learning course

Spiritual Care Series online training

Participant workbook (Print)

To place an order, visit brfresources.org.uk/spiritual-care-series or call us on 01865 319700

To find out more, visit annachaplaincy.org.uk/about-the-spiritual-care-series, or get in touch at spiritualcareseries@brf.org.uk to arrange a time to call you



'This is an ideal resource for churches, groups of churches,

and other organisations, who want to equip their members to offer good spiritual care to older people in the church, in the community, or in care homes.'

Debbie Thrower,
Anna Chaplaincy pioneer

Resources and support materials are available as a PDF download upon purchasing the course and are also available to buy in print.



BRF Ministries, 15 The Chambers, Vineyard, Abingdon OX14 3FE
+44 (0)1865 319700 | enquiries@brf.org.uk
brf.org.uk



The Anna Chaplaincy® name and logo are registered trade marks of Bible Reading Fellowship, a charity (233280) and company limited by guarantee (301324), registered in England and Wales.

Image credits: p. 1 and p. 3 (top left) © Centre for Ageing Better; p. 2 – Spiritual Care Series learners at St John's Church, Harborne by Catriona Foster, used with kind permission; p. 3 – John Swinton, used with kind permission; all other photos © BRF Ministries.