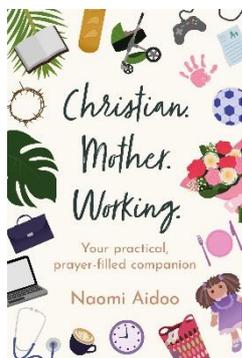


23 January 2026



Christian. Mother. Working.

Your practical, prayer-filled companion

Naomi Aidoo

Pb, ISBN 978 1 80039 438 4, £8.99

Naomi Aidoo's new book *Christian. Mother. Working.* is 'an offering, not a manual', to help working Christian mums feel seen, understood, and valued, wherever they are in their parenting journey. She wants to help them understand their calling to both paid work and motherhood and argues that work for Christian mothers should be celebrated, not guilt-tripped.

Writing with the wisdom gleaned from personal experience, Naomi considers how, with more and more mothers in the workforce, family and faith impact our work in each of life's seasons. She compares notes with other Christian women – including Dominique van Werkhoven, Lucy Rycroft, Rachael Newham, and Loretta Andrews – on subjects such as career interruption, longing and loss, and specific parenting challenges.

There are questions for reflection, journal prompts, and prayers to pray 'when we lack the words'.

Invaluable for Christian working mothers of all ages, and mums-to-be, this book will also be helpful for 'spiritual mothers', mentors and spiritual directors, and for partners of Christian working mothers wanting to better understand and support their partners.

Praise for Christian. Mother. Working.

'Naomi writes with such warmth, clarity, and spiritual grounding. Her work creates a gentle, steady place for women carrying the complex intersections of faith, motherhood, and work. She has a rare ability to name the unseen pressures while offering hope, compassion, and practical guidance.'

Anna Marthur, Sunday Times bestselling author

About the author

Naomi Aidoo is a coach and the founder of Time & Pace®, where she helps people with big goals and little time. Through her signature TIME framework and with a faith focus, Naomi helps clients reframe their mindset, build momentum toward their goals and thrive. She is the author of *Finding Flourishing* (BRF Ministries, 2024) and is also a content partner on the Bible app, YouVersion.

More information [here](#).

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