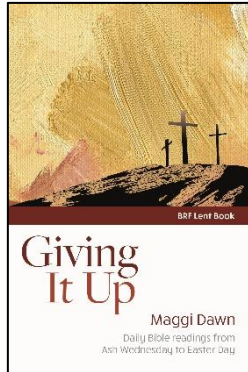


21 November 2025



Giving it Up

Daily Bible readings from Ash Wednesday to Easter Day

Maggi Dawn

Pb, ISBN 978 1 80039 553 4, £9.99

Maggi Dawn's popular Lent book is reprinted for a new generation of readers.

Picking up on the widespread practice of renouncing some treat or habit for Lent – even among people who wouldn't describe themselves as Christians –

Maggi explores a deeper, more challenging understanding of the ancient penitential discipline. She writes in the Preface to the new edition:

'I invite you to join me in these daily readings, which aim to help us make Lent an annual pilgrimage – but rather than treading the same path we have before, to travel ever deeper into the truth of the gospel. It is an invitation to something more consequential than merely giving up chocolate: instead, let us open ourselves up to shedding some of the 'baggage' of our misconceptions and entrenched ideas about God, so that, as Richard of Chichester famously prayed, we might see God more clearly.'

Giving it up, but not as we know it

For individuals and groups, this book shows how Lent can be a time for exploring a different kind of 'giving up', one that can transform our lives. The author shows how, throughout scripture, people were radically changed by encountering the true God.

If we follow their examples, we can allow the Holy Spirit to shed his light on our ideas of God that are too harsh, too small, too fragile, or too stern. Then God will graciously reveal himself to us and bring us to an Easter joy that is richer and more profound than ever before.

About the author

Maggi Dawn is a priest in the Episcopal Church in the USA. She is diocesan theologian in the diocese of Rhode Island and professor of theology at Durham University and divides her time between here and the States. She was previously associate dean of Yale Divinity School.

More information [here](#)

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