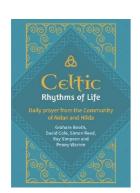
## PRESS RELEASE

from BRF Ministries



20 October 2023



# Celtic Rhythms of Life Daily prayer from the Community of Aidan and Hilda



Graham Booth, David Cole, Simon Reed, Ray Simpson, Penny Warren

Hb, ISBN 978 1 80039 228 1, £9.99. Pb, ISBN 978 1 80039 229 8, £7.99

From the Community of Aidan and Hilda, here is a resource to create a daily rhythm of prayer, inspired by historic and contemporary Celtic Christian spirituality and earthed in the activities of everyday living. *Celtic Rhythms of Life* contains ready-to-use forms of prayer for morning, midday, evening and night, seven days a week. Available in both hardback and paperback editions, *Celtic Rhythms of Life* is both a perfect gift and a valuable personal purchase to help inspire and sustain a daily rhythm of prayer. As the authors write in their introduction: 'Our hope is that this book helps breathe the life of God afresh into your prayers, and that as we pray together we reconnect the Spirit and the scriptures, the saints and the streets, the seasons and the soil.'

### **Praise for Celtic Rhythms of Life**

'All who wish to pattern our spiritual lives after the earliest Celtic saints' wisdom and faith will be blessed by this beautiful handbook of daily prayer, which brings the ancient Celtic tradition into our age with a dash of poetry and grace.' Carl McColman, author of Invitation to Celtic Wisdom

#### **About the authors**

Graham Booth is a guardian of the Community of Aidan and Hilda, speaker and retreat leader.

David Cole is an international spiritual teacher and retreat leader, the deputy guardian for the Community of Aidan and Hilda, and the founder of Waymark Ministries. Also known as Brother Cassian, he is author of the popular Celtic Lent and Celtic Advent.

Simon Reed is an Anglican minister with two churches in Ealing, London, and a guardian of the Community of Aidan and Hilda. He is author of <u>Creating Community</u> and <u>Followers of the Way</u>.

Ray Simpson is a founder and principal tutor of the Community of Aidan and Hilda. A widely published author on spirituality, he also leads retreats on several continents.

Penny Warren is a guardian of the Community of Aidan and Hilda, speaker and retreat leader.

For more information and to order click <u>here</u>.

#### For a review copy or author information, please contact:

Eley McAinsh, Press and Media Officer eley.mcainsh@brf.org.uk or +44 (0)1865 319700 | enquiries@brf.org.uk



BRF Ministries is the home of Anna Chaplaincy, Living Faith, Messy Church and Parenting for Faith. As a Christian charity, we inspire, equip and support people of all ages to grow in faith. Find out more at **brf.org.uk**.