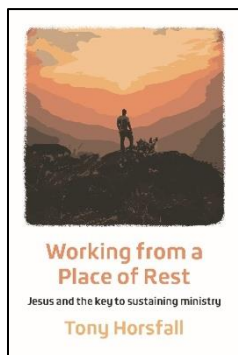


21 July 2023



Working from a Place of Rest (second edition) Jesus and the key to sustaining ministry

Tony Horsfall

Pb, ISBN 978 1 80039 220 5, £9.9

As Debbie Hawker says in her Foreword to this new edition of Tony Horsfall's classic *Working from a Place of Rest*, the only socially acceptable answer to the question 'How are you?' now seems to be 'Busy!' But the relentless pressures of modern life, and particularly modern ministry, are leading to widespread stress, burnout and breakdown.

Yet, as Tony says, 'In striving to do our utmost for God, we can easily forget that there were many times when Jesus himself was willing to rest, to do nothing except wait for the Spirit's prompting.' Drawing on extensive experience of training and mentoring across the world, he reflects on the story of Jesus and the Samaritan woman to draw out practical guidance for sustainable Christian life and work. He writes: 'I offer my thoughts to you with the prayer that they may liberate you into a healthier and more fruitful way of serving God.'

Praise for Working from a Place of Rest

'This book can help us discern what God wants us to say "yes" to, and when to say "no"; it can help us learn to build margin into our lives so that we work from a place of rest. How are you? Busy? If so, and especially if you do not have time to read books, then this is the book for you.' – *Dr Debbie Hawker, InterHealth*

'This book is a precious antidote to the overload excesses that corrode the heart and soul of all who serve Jesus. Tony Horsfall writes with great wisdom and warmth navigating core truths with great faithfulness and fresh insight. I particularly treasured the clarity of the author's description of how Jesus said, "No" to people!... Great book offered up by a wise guide!' – *Johnny Douglas*

About the author

People around the world have been inspired and refreshed by Tony Horsfall's teaching and mentoring. As well as working as an international freelance trainer and retreat leader, he has written a number of other books for BRF, including *Deep Calls to Deep*, *Rhythms of Grace* and *Mentoring for Spiritual Growth*. He also contributes to BRF's *New Daylight* Bible reading notes.

For more information and to order click [here](#).

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