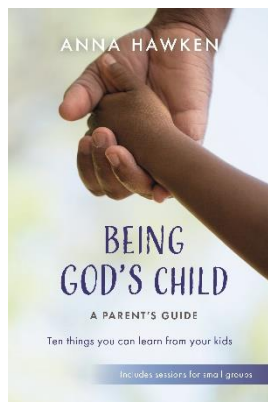


PRESS RELEASE

from BRF



21 July 2023



Being God's Child: A Parent's Guide

Ten things you can learn from your kids

Anna Hawken

Pb, ISBN 978 1 80039 198 7, £6.99

For many parents, it can feel like most of their time and energy is spent on caring for their children and there's no space left to start or deepen a relationship with God. But Anna Hawken, BRF's Parenting for Faith lead, says 'it doesn't have to be that way!' In the midst of demanding work and full-on family life, she has carved out time – initially one precious hour a week – to write *Being God's Child* to show how things can be different. 'Our kids and our relationship with them,' she says, 'can actually help us to grow to know God better.'

Anna offers ideas to help parents, grandparents and carers discover what being God's child looks like for them, taking inspiration from the children in their lives and their relationship with them. The key takeaway from the book is that 'Each time we interact with our children it can become a prompt to help us connect with God and a reminder to choose to include him in our day-to-day life.'

Praise for Being God's Child

A fantastic book for all parents who are looking to connect with God in the midst of parenting.' – *Rachel Turner, founder of Parenting for Faith*

'Anna lifts our eyes to see that in our heavenly Father's care, we can find peace, rest and purpose in our parenting.' – *Ed Drew, founder of Faith in Kids*

'Full of Bible-based and Christ-centred wisdom, signposts and safe places to land.' – *Liz Hall, deputy director, family ministries department, The Salvation Army*

'A joyous journey... embracing Jesus' invitation to become like a child. Creative ways through and with our children, to reimagine our relationship with God.' – *Alan Charter, Global Children's Forum*

About the author

Anna Hawken is the Parenting for Faith ministry lead at BRF. She has worked in children's and family ministry since 2010 and speaks at churches and events around the UK. She hosts the Parenting for Faith podcast and presents the Parenting for Faith Babies and Toddlers course. She lives in Milton Keynes with her husband and three children.

For more information and to order click [here](#).

Explore [BRF's Parenting for Faith](#) ministry.

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BRF's vision is to enable people of all ages to grow in faith and understanding of the Bible and to see more people equipped to exercise their gifts in leadership and ministry. BRF ministries include Anna Chaplaincy, Living Faith, Messy Church and Parenting for Faith. Find out more at brf.org.uk.



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