

THE SPIRITUAL CARE SERIES



Essential course for churches offering spiritual care to older people

- Enables those caring for older people to help them live and age meaningfully
- Highly effective, accessible course developed by international practitioners including Professor John Swinton in the UK
- Develops confidence, understanding and skills
- Eight two-hour sessions with video material to provoke discussion
- Online or in-person group learning



What is the Spiritual Care Series?



The Spiritual Care Series is a comprehensive course that enables volunteers and professionals to offer excellent quality spiritual care in their local communities, care homes or churches. Older people have a better quality of life when those around them understand their spiritual needs and are skilled at delivering this kind of care. Professor **John Swinton**, one of the developers of the course, says:

‘What the course aims to do is to create a framework for understanding, within which new ways of practising, new ways of caring can come to the surface, and can enable us to care well for body, mind and spirit.’

Topics covered in the sessions are:

- Understanding the ageing process
- Spirituality in ageing
- Good communication
- The power of storytelling
- Dementia
- A new home and a new way of life
- Grief, loss, death and dying
- Roles, boundaries and self-care

The course is designed to be run with at least six users, including four participants and two facilitators (one to lead, one to support and help with the online element).

If you would like to discuss the Spiritual Care Series, please email us at spiritualcareseries@brf.org.uk or call us on **01865 319700**.

How the Spiritual Care Series is being received



‘Honestly, I think it could be THE teaching tool that changes perspectives on ageing, both in Christian communities and those invested in care provision. It could lead to much improved, more respectful and appropriate care of all kinds amongst older people: if spiritual care is taken seriously, it means all aspects of care are being taken seriously. People will be able to enter residential care to live rather than to die, seeing out the end of their lives with hope and confidence.’

Pamela Nobbs, Anna Chaplain, Newcastle region

Feedback following a course at St John’s Church, Harborne includes:

‘An excellent course.’ ‘Very enjoyable and a huge blessing.’ ‘Stimulating, interesting and extremely helpful.’ ‘I have really enjoyed being part of it... all in all a great course.’ ‘Praise the Lord for how significant the course has been for me.’ ‘Both informative and encouraging.’ ‘The nuggets of advice that emerged were helpful and challenging and will stay with me.’

‘All of the areas of the course affected my attitude to ageing and older people. It took away fear... the Lord gave me hope and possibility for the future, along with direction and the emphasis on love. Somehow it restored my sense of purpose.’

To read more about these stories, please follow the link below:

annachaplaincy.org.uk/learner-experience



Professor John Swinton remarks on the work of BRF, Anna Chaplaincy and the Spiritual Care Series:



‘The church needs resources and guidance that can equip it for the complex task of helping the world to discover the love of Jesus. The beauty of BRF is that it has a genuine heart for this ministry of equipping. The Spiritual Care Series opens up the ministry of care to a wide variety of people. BRF offers a beacon of hope to a world that longs for peace. I am delighted to be able to be a part of the important work that is being done.’

Costs, support and ordering

The Spiritual Care Series six-user bundle contains everything needed for a group consisting of two facilitators and four other participants.

The bundle contains:

- 2 x facilitators guides
- 2 x participant guides for the course facilitators
- 4 x participant guides for the individual course participants
- 2 x DVDs containing the eight session videos.
- 6 x licences to access the Bridge Learning Management System online

You can specify additional users when ordering the six-user bundle or they can be purchased later.

Spiritual Care Series – six-user bundle:
£360.00

Additional single-user:
£60.00



‘This is an ideal resource for churches, groups of churches and other organisations, who want to equip their members to offer good spiritual care to older people in the church, in the community or in care homes.’

Debbie Thrower, Anna Chaplaincy pioneer

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To find out more, visit annachaplaincy.org.uk/about-the-spiritual-care-series.

To place an order, visit brfonline.org.uk/products/spiritual-care-series-6-user-bundle or call us on **01865 319700**.

If you would like to speak to somebody about the Spiritual Care Series, please email spiritualcareseries@brf.org.uk and we will arrange a time to call you.

We also provide an online Spiritual Care Series course for individual learners (£170). Email spiritualcareseries@brf.org.uk for more details.



To find out more



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