

# PRESS RELEASE

from BRF



21 April 2023

**parenting for faith®**

## Parenting for Faith podcast new series



Popular UK Christian parenting podcast Parenting for Faith is set to return for a sixth season, starting on 18 April.

In episode 1, host Anna Hawken will be joined by Toro Olusegun, sharing insights from her experience as a trauma coach, single mum and woman of Nigerian heritage living in the UK.

The new series is based on Anna's forthcoming BRF book *Being God's Child* and will welcome an enticing variety of special guests such as Phil Togwell (Lectio 365, Prayer Spaces for Schools), Dave Hill (HeartSmart, Bethel Kids), Victoria Beech (Godventure) and Dr Naomi Graham (Growing Hope).

Anna says, 'I'm really excited to hear our guests' wisdom on topics that affect us all, like how to ask God great questions and how to share our emotions with him. My prayer is that each episode will inspire each of us to connect with God more deeply and help us support our kids and teenagers to do the same.'

The previous five seasons of the BRF-produced podcast have covered a range of topics from bullying to bereavement, RE lessons to regulating emotions, autism to adoption. Hosts and guests share expertise and biblical wisdom on how we approach these circumstances through the lens of faith.

Find out more about the Parenting for Faith podcast [here](#).

Listen to the entire collection on [Soundcloud](#), [Spotify](#) or [Apple Podcasts](#).

To discover all that Parenting for Faith has to offer, including its tried-and-tested eight-part video course, click [here](#).

### For more information, please contact:

Eley McAinsh, Communications Officer [eley.mcainsh@brf.org.uk](mailto:eley.mcainsh@brf.org.uk) or +44 (0)1865 319700 | [enquiries@brf.org.uk](mailto:enquiries@brf.org.uk)

BRF's vision is to enable people of all ages to grow in faith and understanding of the Bible and to see more people equipped to exercise their gifts in leadership and ministry. BRF ministries include Anna Chaplaincy, Living Faith, Messy Church and Parenting for Faith. Find out more at [brf.org.uk](http://brf.org.uk).

