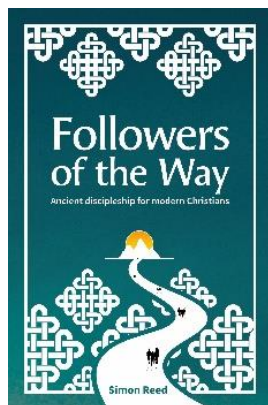


# PRESS RELEASE

from BRF



21 October 2022



## Followers of the Way

### Ancient discipleship for modern Christians

Simon Reed

Pb, ISBN 978 1 80039 162 8, £9.99

Discipleship is a hot topic in churches of all sizes, locations and denominations. In this new edition, Simon writes that ‘many of us have been told that we are, or ought to be, disciples of Jesus, but no one seems able to tell us exactly what this means or how to do it in a sustainable way that connects with all the stuff going on in our lives, not just the church bits’.

He believes that the answer lies in ancient Celtic Christian wisdom: ‘Our spiritual ancestors had vital insights that we urgently need to rediscover. That’s what this book is about. It will be a lifelong journey, but it will also be a life-giving journey.’

Simon is sceptical about the long-term value of courses and sermon series on discipleship: ‘If discipleship is about nothing less than our whole life, and if living as a disciple of Jesus is a lifelong process, how on earth are we even going to begin to address that in ten weeks, and what are we going to do to sustain people on their journey when the course has ended?’

### A way of life

The answer lies, he suggests, in the adoption of ‘a Way of Life’. These may take different forms, and it’s important to discover the right one for you, but as a starting point he explores ten ‘waymarks’ – rooted in the practices and attitudes of early Celtic Christian communities and informed by the life-giving principles of simplicity, purity and obedience. ‘I believe that living by a Way of Life is a vital ancient practice which gives us a sustainable and lifelong way to become mature followers and imitators of Jesus.’ At the end of each chapter, searching questions for group discussion and personal reflection have been added to this edition.

### About the author

Simon Reed is an Anglican minister with two churches in Ealing, West London. He is also one of the three guardians of the Community of Aidan and Hilda, an international and cross-denominational network of Christians who draw inspiration from Celtic spirituality for the renewal of today’s church. His first book for BRF, *Creating Community: Ancient ways for modern churches* (2013), showed how today’s churches can become living communities.

For more information click [here](#).

#### For a review copy or author information, please contact:

Eley McAinsh, Press and Media Officer [eley.mcainsh@brf.org.uk](mailto:eley.mcainsh@brf.org.uk) or +44 (0)1865 319700 | [enquiries@brf.org.uk](mailto:enquiries@brf.org.uk)

BRF’s vision is to enable people of all ages to grow in faith and understanding of the Bible and to see more people equipped to exercise their gifts in leadership and ministry. BRF ministries include Anna Chaplaincy, Living Faith, Messy Church and Parenting for Faith. Find out more at [brf.org.uk](http://brf.org.uk).



BRF, 15 The Chambers, Vineyard, Abingdon OX14 3FE

Bible Reading Fellowship is a charity (233280) and company limited by guarantee (301324), registered in England and Wales