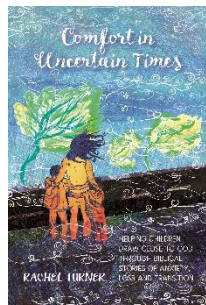


PRESS RELEASE

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Comfort in Uncertain Times

Helping children draw close to God through biblical stories of anxiety, loss and transition

Rachel Turner

Pb, ISBN 978 0 85746 6280, £8.99

Rarely is a book as timely as this new title from Parenting for Faith founder Rachel Turner. As she writes so aptly in her introduction: 'Life is full of uncertainty. From friendships changing to moving house, the loss of a family member or the anxiety and worry of a world that never stays the same. All of our children will face uncertainty, both now and in the future.'

Uncertainty is hard for parents and children, but there is a growing awareness of how deeply children can struggle to cope with change, crushing grief or cycles of anxiety. Already reeling from the impact of the pandemic, more and more children are experiencing profound, pervasive unease and often struggle to know how to talk about or process their experiences and feelings.

This book will help families gather together and explore the tools and theology of who God is and what he does when we are in transition, anxiety or loss. It will help parents to help their children to establish long-term strategies and foundations to weather a lifetime of change and uncertainty.

15 Bible stories

Based on 15 Bible stories, which 'build an understanding of who God is in uncertainty', the book offers helpful discussion starters as well as notes on how best to use the book to help children build resilience in the face of uncertainty. As Rachel writes: 'The joy of the Christian faith is that our children can learn to walk with God in these uncertain seasons. All of God's promises are for our children right now, and they need his guidance, comfort, peace and courage. In uncertain times, we can help them connect with the God who is powerful, who loves them and is with them whatever they're going through.'

Praise for Rachel Turner

Rachel's earlier book [Comfort in the Darkness](#) was warmly received:

'Get hold of this wonderful book and find comfort in the darkness – not just for your children, but maybe for you as parents too.' *Ali Campbell, The Resource*

'The FAQs are very useful in helping parents settle children's anxieties, understand the world around them and how best to relate to it. *Comfort in the Darkness* is a very useful aid for helping parents draw their children closer to God and a must for the bedroom bookshelf.' *Revd Dr Martin M'Caw, Baptist Times*

For more details click [here](#). For information on Parenting for Faith and all its resources click [here](#).

For a review copy or author information, please contact:

Eley McAinsh, Press and Media Officer eley.mcainsh@brf.org.uk or +44 (0)1865 319700 | enquiries@brf.org.uk

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BRF, 15 The Chambers, Vineyard, Abingdon OX14 3FE

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