

Week 7 | Changing

Begin with prayer

Find a quiet place and stand still for a moment. Dedicate your journey today to God, asking him to speak to you as you read, pray and walk.

*Lord, grant that I may always allow myself to be guided by you,
always follow your plans and perfectly follow your holy will.*

Grant that in all things great and small,

I may do whatever you require of me.

May your will be done in time and in eternity,

by me, in me and through me. Amen

Teresa of Ávila



Revelation 3:20–21

‘Listen! I am standing at the door, knocking; if you hear my voice and open the door, I will come in to you and eat with you, and you with me. To the one who conquers I will give a place with me on my throne, just as I myself conquered and sat down with my Father on his throne.’

Everything the gospel writers have told us of the life, death and resurrection leads to this point, this moment of decision.

Reflect

The gospel is good news – but it can only be so if that news is shared. This is our task; not just to experience Christ wherever we are, however we are feeling, but also to share that experience with others. Jesus himself gives us examples – simple conversations, cheerful sharing of hospitality, easy and sympathetic companionship. Nothing drastic, nothing really difficult, just a constant, loving companionship – that’s all that is needed to rescue an Easter from the bleakness of ‘three for a pound’ chocolate eggs and transform it into the start of the joyous and challenging journey which is the Christian faith.

The gospel story is bigger than my story, it’s bigger than your story and it’s bigger than the story of our church communities. And always it invites us to go on, in whatever place and in whatever circumstances we find ourselves.

We must live out the resurrection truth for ourselves and with others and in love.

Questions

What have you learned about yourself this Lent?

What have you learned about God?

Prayer

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you. Look upon us with your favour, that we who follow the path of your will may never wander from the way of life. Through Jesus Christ our Lord. Amen

‘God writes the gospel not in the Bible alone, but on trees and flowers and clouds and stars.’

Martin Luther

Evidence that God’s love extends throughout his creation is found in the entire Bible, rejoicing in the capacity of nature to reveal not only God’s love for the world and those who inhabit it, but also God’s endless creativity and imagination. Jesus constantly uses examples taken from nature to illustrate aspects of God’s kingdom and our own behaviour within it. We are taught to appreciate landscapes and to learn from the details of flowers and the behaviour of birds.

As you journey today, let your senses be filled with wonder at your surroundings, so that you learn from and rejoice in the gifts of the natural world.

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