# PRESS RELEASE

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## **Messy Vintage**

52 sessions to share Christ-centred fun and fellowship with the older generation

Katie Norman and Jill Phipps

Pb, ISBN 978 0 85746 975 5, £8.99

This pioneering new book offers 52 creative activities and short acts of worship for use in care homes, churches, Messy Churches and local community settings. Introducing the concept of Messy Vintage, it's full of ideas and practical advice to equip and inspire church leaders, chaplains and care home staff as they seek to meet the spiritual needs of older people.

Messy Vintage is Christ-centred and creative, full of celebration and hospitality and open to all, aspiring to include people of all ages while specifically reaching out to older people. A typical session involves hands-on creative activities to explore a Bible story, a short celebration with story, song and prayer, and refreshments.

Whether you're just getting started with Messy Vintage or looking for new session material, this book offers practical advice and resources to help you reach out to the older people in your community. Author Katie Norman says: 'For people who are already doing this kind of work, they'll be able to dip in and out of the book and hopefully discover lots of new ideas. But for people who haven't encountered this approach before, we hope it will be a huge eye-opener, and that it will inspire them to offer Messy Vintage in all sorts of different communities. The need is there in all communities: rural, urban and everywhere in between.'

### **Praise for Messy Vintage**

'The Messy Vintage team always make me feel welcome – they are worth their weight in gold.' Messy Vintage participant

'We love Messy Vintage. It's like a breath of fresh air!' Care home social activities coordinator

#### About the authors

Katie Norman is the pioneer of Messy Vintage in Jersey, taking the approach into churches and care homes, as well as hospital units for people living with advanced dementia.

Jill Phipps is BRF's National Coordinator for Messy Vintage.

For more ideas on how to work in care homes, visit <u>annachaplaincy.org.uk</u>.

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BRF's vision is to enable people of all ages to grow in faith and understanding of the Bible and to see more people equipped to exercise their gifts in leadership and ministry. BRF ministries include Anna Chaplaincy, Living Faith, Messy Church and Parenting for Faith. Find out more at **brf.org.uk**.

