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## WORKSHEET 4 Hilda's advice for life

Hilda wrote the following instructions for her monks and nuns, called a 'homily'.

Underline or circle any strange words and then try to find out their meaning.

Choose three phrases you really agree with and put them in your own words.

Trade with the gifts God has given you.	
Bend your mind to holy learning that you may escape the fretting moth of littleness of mind that wear out your souls.	
Brace your wills to action that they may not be the spoils of weak desires.	
Train your hearts and lips to song, which gives courage to the soul.	
Being buffeted by trials, learn to laugh.	
Being reproved, give thanks.	
Having failed, determine to succeed.	

**Exploring Christianity Creatively** 

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